



Dear Parent/Carers,

Triple P is the most extensively researched parenting program in the world. Evidence based, it is designed to strengthen parent-child relationships, and to prevent and treat behaviour and emotional problems in children. It is for every parent.

Triple P works by giving parents the skills to raise confident, healthy children and teenagers, and to build stronger family relationships. It also helps parents manage misbehaviour and prevent problems occurring in the first place.

But it doesn't tell people how to parent. Rather, it gives them simple and practical strategies they can adapt to suit their own values, beliefs and needs.

Triple P is also different because it is not 'one size-fits-all'. It's a system that offers increasing levels of support to meet parents' different needs. So parents can choose anything from one-off public seminars or self-help books to more detailed group courses or individual sessions.

The Triple P Stay Positive campaign was launched on 30 July 2018. The aim of the campaign is to raise awareness of support for parents of Kindergarten aged children and encourage them to attend a Triple P seminar called The Power of Positive Parenting.

**Triple P, Positive Parenting seminar (for parents of children 0-12 years) –  
The Power of Positive Parenting Seminar 1**

**Date: 16<sup>th</sup> October, 2018**

**Time: 9:00 -10:30am**

**Venue: Kalbarri DHS in the Secondary ICT Room**

**Cost: Free seminar.**

**Presenter: Nora Salah – School Psychologist (Provisionally Registered Psychologist)**

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To attend this event, please express your interest by completing your details, detaching the slip and returning it to the office no later than:

**Tuesday 11<sup>th</sup> September, 2018**

**Name** \_\_\_\_\_

**Contact number:** \_\_\_\_\_



**I am interested in attending the: Triple P, Positive Parenting seminar (for parents of children 0-12 years) – The Power of Positive Parenting Seminar 1**